

## *Let It Go!*

Isaiah 43:16-19

What do you do when your memory drags the "there and then" into the "here and now," immersing you in the same old pain? Your past can infect your present and influence your future unless you decide to let it go. For the next few weeks let's think about how to *Let it Go!*

Now I am declaring to you right now that I am fully aware that this is easier said than done, especially if something is starring you daily right in the face. Have you ever charged something on a credit card that you wish you had not purchased but every month you have to stare the bill in the face and it just brings up bad memories? We are all guilty of this in one fashion or another.

So let's learn together how to *Let it Go!*

I. Let go of what God has \_\_\_\_\_.

A. God's only response to confessed sin is to \_\_\_\_\_  
and \_\_\_\_\_.

1. If it comes up it is not God's \_\_\_\_\_.

B. Two things make letting go difficult:

1. Your \_\_\_\_\_.

a. Maybe you don't feel forgiven, but regardless of your emotions, don't wait to feel it before you \_\_\_\_\_ it.  
Accept it and then you will start to \_\_\_\_\_ it.

2. A \_\_\_\_\_ concept of God:

"Maybe you were brought up by a parent who said they've forgiven you but throw all the old offenses in your face over and over again."

a. God \_\_\_\_\_ to forget.

b. The court of heaven, through the cross, has declared you  
\_\_\_\_\_.

II. Let go of what \_\_\_\_\_ have done to you.

A. Thorns come with roses but \_\_\_\_\_ come with human relationships.

1. Few hurts go as deeply as from \_\_\_\_\_ and  
\_\_\_\_\_.

2. No one can destroy you without your \_\_\_\_\_.

B. It is not what people do, but how you \_\_\_\_\_ to what they do that determines your outcome.

C. When I take responsibility on how to handle roses I do three things:

1. I take back my \_\_\_\_\_.

2. I open myself to new \_\_\_\_\_.

3. I make better \_\_\_\_\_.

### Conclusion

When life kicks you in the knees . . .

1. \_\_\_\_\_ it from God's perspective.

2. \_\_\_\_\_ resentment through prayer.

3. \_\_\_\_\_ to become a victim of other's actions.

4. \_\_\_\_\_ yourself for a bright future.